

Chappy's DELI BREAKFAST

HEALTHY STARTS DOES A BODY GOOD

Your choice of Three scrambled Egg Beaters or Egg Whites. Served with good ol' southern grits, fresh fruit cup, turkey sausage links & wheat toast. 7.35



YOGURT PARFAIT

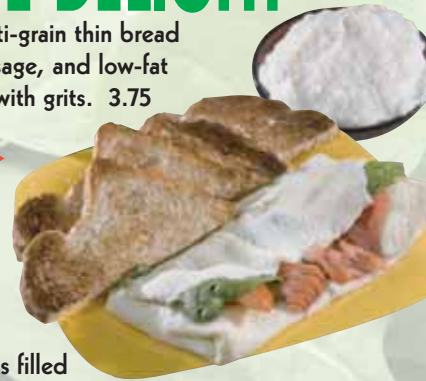
All natural, low-fat vanilla yogurt layered with fresh fruit and organic honey & oats granola mix. 3.95



OATMEAL Assorted Flavors. 3.95

EGG WHITE DELIGHT

A healthy sandwich on multi-grain thin bread with egg whites, turkey sausage, and low-fat mozzarella cheese. Served with grits. 3.75



HEART SMART OMELET

"Better For You" egg whites filled with fresh baby spinach, diced tomatoes, mushrooms, bell peppers and onions & melted low-fat mozzarella cheese. Served with white toast and grits. 6.85



GOURMET PLATTERS

New! HAMSTEAK PLATTER

Our new grilled bone-in hamsteak with three fresh cracked eggs any style and served with your choice of grits or hashbrowns and a biscuit. 7.75



CAPITAL CITY PLATTER

Three fresh eggs any style with biscuit & sawmill sausage gravy, your choice of grits or hashbrowns and your choice of bacon, sausage, turkey sausage, or Conecuh sausage. 7.75



.35¢ MORE
SUBSTITUTE
CHEESE GRITS
OR HASHBROWNS

CONECUH SCRAMBLE

Four Fresh cracked Grade "A" large eggs scrambled together with Alabama's favorite Conecuh sausage, hashbrowns, shredded cheese and sawmill gravy, served with white toast. 7.35

BREAKFAST SAMPLER

Three fresh eggs any style with biscuit & sawmill sausage gravy, your choice of grits or hashbrowns and your choice of bacon, sausage, turkey sausage, or Conecuh sausage and your choice of a single buttermilk or blueberry pancake. 7.95

GOURMET ROASTS

- BOLD •
- CLASSIC •
- SEASONAL •
- DECAF •



\$1.95
UNLIMITED
REFILLS

* Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

EGGS & OMELETS

Served with Toast, Butter, Jelly, and Grits. (add Bacon, Sausage, Turkey Sausage for 1.50 or Conecuh Sausage for 1.75)



COUNTRY FRESH EGGS

Fresh cracked Grade "A" large eggs served any style and made to order.

TWO 4.55
THREE 4.95
FOUR 5.45

CHEESE OMELET

Three Grade "A" hand-whipped fresh eggs gently folded with American cheese. 5.25



WESTERN OMELET

Three Grade "A" hand-whipped fresh eggs stuffed with ham, American cheese, green peppers, diced tomatoes & onions. 6.35

FAJITA OMELET

Three Grade "A" hand-whipped fresh eggs with spicy fajita chicken, pepper jack cheese, tomatoes, sautéed green peppers and onions. 7.25

New! CONECUH® OMELET

Three fresh cracked eggs stuffed with cone-cuh sausage, grilled hashbrowns and shredded cheese. 7.05



HAM ^{OR SAUSAGE} & CHEESE OMELET

Three fresh cracked eggs stuffed with your choice of ham or sausage and melted American cheese. 5.95

GARDEN OMELET

Three Grade "A" hand-whipped fresh eggs with sautéed diced tomatoes, green peppers, onions, mushrooms & American Cheese. 5.65



STEAK & CHEESE OMELET

Three hand-whipped fresh eggs with thin sliced sirloin steak, golden hashbrowns, sautéed green peppers and onions with pepper jack and cheddar cheese. 7.50

SIDES & EXTRAS

JUMBO MUFFINS	1.75	BISCUIT & GRAVY	2.25
FRESH CUT FRUIT	2.50	SLICED TOMATOES	0.95
BAGELS	1.35	GRITS	1.00
BAGEL & CREAM CHEESE	2.10	CHEDDAR GRITS	1.50
SAUSAGE PATTIES	1.50	BACON CHEESE GRITS	1.95
BACON	1.50	HASHBROWNS	1.50
TURKEY SAUSAGE	1.50	HASHBROWNS & CHEESE	1.95
CONECUH® SAUSAGE	1.75		
DELI HAM	1.50		
GRILLED HAMSTEAK	3.25		



SANDWICHES & WRAPS

Served with Grits.

BREAKFAST SANDWICH

Two fresh eggs scrambled together with bacon, lettuce, tomato & melted American cheese on grilled white bread. 4.25 Try it on a bagel for .25c more



SEC WRAP (Steak, Egg, & Cheese)

Two fresh eggs scrambled together with thin sliced grilled sirloin steak, hashbrowns, shredded cheese and wrapped in a warm tortilla. 5.75



CONECUH® WRAP

Two fresh eggs scrambled together with Alabama's favorite Conecuh sausage, hashbrowns, shredded cheese and wrapped in a warm tortilla. 4.75

New! ENGLISH MORNING SAND.

Fresh egg whites, turkey sausage and melted white cheddar cheese on a toasted English Muffin. 3.90

BREAKFAST CROISSANT

Two fresh eggs scrambled together with bacon, lettuce, tomato & melted American cheese on a flaky croissant. 4.50

CAKES & MORE

Served with Syrup, Butter, and Jelly. Cinnamon & Powdered Sugar upon request (add Bacon, Sausage, Turkey Sausage for 1.50 or Conecuh Sausage for 1.75)



BUTTERMILK PANCAKES

Three fluffy, melt-in-your-mouth buttermilk pancakes grilled to a golden brown. 4.75

AWARD WINNING RECIPE

BLUEBERRY PANCAKES

Three of our buttermilk pancakes filled with blueberries grilled to a golden brown. 5.00



FRENCH TOAST

Three slices of white bread dipped in fresh eggs and grilled to a golden brown. 4.90

GOLDEN MALTED WAFFLE

Experience the unique flavor of our classic, golden malted waffle. 5.45 Add Blueberries for .30 cents more or Pecans for .50 cents more.